

# UPPER 1 – COMO PLANEJAR SEUS ESTUDOS

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
<b>MARCH</b>	Podcast/ listening/ movies/ TV series	Reading literature, newspaper, sites, magazine	Grammar exercises, grammar books	Podcast/ listening/ movies/ TV series	-
	2h	2h	2h	2h	
	Reading literature, newspaper, sites, magazine	Word games, puzzles, chat in English	Vocabulary exercises, reading for fun	Word games, puzzles, chat in English	-
	2h	1,5h	2h	1,5h	Review points
	<b>Study points</b> <input type="checkbox"/> Question formation <input type="checkbox"/> Auxiliary verbs	<b>Study points</b> <input type="checkbox"/> Present perfect (simple and continuous) <input type="checkbox"/> Adjectives			

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
<b>APRIL</b>	Podcast/ listening/ movies/ TV series	Vocabulary exercises, reading for fun	Grammar exercises, grammar books	Word games, puzzles, chat in English	-
	2h	2h	2h	2h	
	Reading literature, newspaper, sites, magazine	Podcast/ listening/ movies/ TV series	Reading literature, newspaper, sites, magazine	Podcast/ listening/ movies/ TV series	-
	2h	1,5h	2h	1,5h	Review points
	<b>Study points</b> <input type="checkbox"/> Narrative tenses, past perfect continuous <input type="checkbox"/> Adverbs	<b>Study points</b> <input type="checkbox"/> Passive (all forms)			

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
<b>MAY</b>	Podcast/ listening/ movies/ TV series	Reading literature, newspaper, sites, magazine	Grammar exercises, grammar books	Podcast/ listening/ movies/ TV series	Word games, puzzles, chat in English
	2h	2h	2h	2h	1h
	Reading literature, newspaper, sites, magazine	Word games, puzzles, chat in English	Vocabulary exercises, reading for fun	Word games, puzzles, chat in English	Podcast/ listening/ movies/ TV series
	2h	1,5h	2h	1,5h	1h
	<b>Study points</b> <input type="checkbox"/> Future perfect and future continuous <input type="checkbox"/> Conditionals and future time clauses	<b>Study points</b> <input type="checkbox"/> Future perfect and future continuous <input type="checkbox"/> Conditionals and future time clauses			

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
<b>JUNE</b>	Podcast/ listening/ movies/ TV series	Reading literature, newspaper, sites, magazine	Grammar exercises, grammar books	Podcast/ listening/ movies/ TV series	-
	2h	2h	2h	2h	
	Reading literature, newspaper, sites, magazine	Word games, puzzles, chat in English	Vocabulary exercises, reading for fun	Word games, puzzles, chat in English	-
	2h	1,5h	2h	1,5h	Review points
	<b>Study points</b> <input type="checkbox"/> Unreal conditionals	<b>Study points</b> <input type="checkbox"/> Past modals <input type="checkbox"/> Verbs of the senses			

	<b>WEEK 1</b>	<b>WEEK 2</b>	<b>WEEK 3</b>	<b>WEEK 4</b>	<b>WEEK 5</b>
<b>JULY</b>	Podcast/ listening/ movies/ TV series	Vocabulary exercises, reading for fun	Grammar exercises, grammar books	Word games, puzzles, chat in English	-
	2h	2h	2h	2h	
	Reading literature, newspaper, sites, magazine	Podcast/ listening/ movies/ TV series	Reading literature, newspaper, sites, magazine	Podcast/ listening/ movies/ TV series	-
	2h	1,5h	2h	1,5h	Review points
	<b>Study points</b> <input type="checkbox"/> Past modals <input type="checkbox"/> Verbs of the senses	<b>Study points</b> <input type="checkbox"/> Review all content			